



## **NORTH CAROLINA MILITARY AFFAIRS COMMISSION**

### **Minutes of the Quality of Life (QOL) Committee Meeting, 4<sup>th</sup> Quarter, October 5, 2021** **Microsoft Teams/Conference Call #: 515-604-9063, Conference ID: 344439#**

#### **MEMBERS PRESENT**

Kirk Warner, Chairman  
Gerald "Rudy" Rudisill  
Edward Reeder  
Joseph Speranza

#### **NCMAC MEMBERS ABSENT:**

Julie Daniels

#### **OTHER NCMAC MEMERS:**

Dr. Angelia Washington  
Rep George Cleveland

#### **DMVA STAFF:**

Macey Webb  
Kelly Jackson

#### **ADDITIONAL ATTENDEES**

Shevelle Godwin, Fort Bragg School Support Svcs  
Valerie Nasser, Craven County Schools  
Jamie Livengood, Wayne County Schools  
Rollie Sampson, Moore County Schools  
Cristy Barnes Williams, Seymour Johnson AFB  
LTC David Walliser, NCNG  
Leafa Palmer, Cherry Point School Liaison  
Iris Pierce, Fort Bragg School Support Svcs  
Donna Grady, Camp Lejeune  
Julie Fulton, MCI-East  
Brittany Norman, Onslow County Schools  
Howard Lattimore, Cumberland County Schools  
Max Dolan  
Ron Massey, City of Jacksonville  
Al Belia, MATCH Wellness  
Mark Patton  
Kelli Willoughby, USO NC  
Thomas Walker, USO NC  
Kari Barness, MATCH Wellness  
Tim Hardison, MATCH Wellness

#### **OPENING REMARKS: CHAIRMAN KIRK WARNER**

Chairman Kirk Warner called the meeting to order at 10:02 and welcomed everyone to the Quality of Life meeting. Kelly Jackson conducted a roll call of the attendees. There was a quorum of voting members. She also said that the Commission had two new members joining the meeting today. Joseph Speranza was a new member of the Quality of Life Committee and represented Camp Lejeune. Also, Dr. Angelia Washington was a new member of the Commission but had not been assigned a committee at this time. Chairman Warner said that he appreciated everyone being here today and working on these quality of life issues. He wanted to let everyone know that Patricia Harris and Bill Hatcher had rotated off the Commission. He wanted to thank them for their service on this Committee and the Commission. They were both important and vital members of this group. Chairman Warner said that he wanted to do the ethics requirement. He said that we have a legal obligation to disclose any conflict of interests that may or may not arise or potentially arise with your regular job or any of your business of the Quality of Life committee. If you have a potential conflict, he asks that you disclose that potential conflict, so we are aware of potential conflict. Does anyone have such a conflict? Does anyone have any

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potential conflict of interest with the business on the agenda and if not, please be cognizant of any potential conflicts that arise from the discussion topics and govern yourself accordingly.

**CONSENT AGENDA**

Chairman Warner said that the committee had a quorum and would approve the 3<sup>rd</sup> Quarter draft Quality of Life minutes from July 13, 2021, from the voting members. Gerald Rudisill made a motion to approve the minutes, which was seconded by Ed Reeder and passed by a unanimous vote.

**INTERSTATE COMPACT ON EDUCATIONAL OPPORTUNITIES FOR MILITARY CHILDREN:**

Howard Lattimore said Nick Sojka would not be able to attend the meeting today and had not given him anything to share with the committee. Rollie Sampson said that she and Nick Sojka had been working on an issue with the National Honor Society. The National Honor Society requirement to be a member of that organization is that you must be in that school one semester prior to their application. So, for military students that apply and were not in that school the prior year, then they are not being invited to join. There is a provision in the National Constitution of the National Honor Society that give schools the ability to waive that requirement, but that is at the discretion of that school. She has had an issue in her school district that a school refused to waive that requirement. Even after she had pointed out the conflict with the Military Interstate Children's Compact Commission (MIC3) as well as the conflict with the National Honor Society Constitution. At the end of the day and after a lot of going back and forth, the student who was a Senior was made to feel very unwelcome. Instead of using that to waive this, they called back to his sending school and because he had not been in the National Honor Society before, and choose not to apply the prior year, they were not very open to allow him to apply this year. She has had a discussion with her senior level leadership to let them know that they are clearly in violation of the law and not an optional thing. The National Honor Society has made exceptions for military students or any transitioning students, so we need to adjust our bylaws. There has been resistance to adjust the bylaws. So, at that point the student decided that they did not want to be part of an organization that did not want them and then the parent reached out to Dr. Goodwin, Fort Bragg who reached out to Nick Sojka. Nick Sojka then reached out to Rollie Sampson about this matter but they have not connected since that time as Rollie Sampson has been out of the office. Nick Sojka has reached out to National, and they have had this issue arise in the State of Washington and it has been settled. The reality is that the schools need to make this adjustment. Rollie Sampson said that she has reached out to the National Honor Society and based on that conversation they reached back out to her and are looking to change the language in their bylaws so that the schools will have to build this provision in. This issue has not been firmly addressed in her school district. This is a clear violation of the law in North Carolina and one of the challenges is that we don't have a state level military liaison at the Department of Public Instruction to quickly come in and settle this matter. She is trying to deal with this internally but now having Nick Sojka come back, she can go back to her senior leadership and say this is not an option and we need to fix this. Mark Patton asked her if she could keep them updated on this issue. He has already handled four cases about this in other states. He has gotten blank back from MIC3, and he is third party to this, but she may have answered it. That is a spot-on point. This is not just about the National Honor Society but also the Vocational Educational Honor Society. We have a ton of military children taking vocational educational classes because they are finding that they continue in other states and overseas. Rollie Sampson said that she would keep them all updated. She was impressed with the National Honor Society when she went back to them that at the Senior level, they

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came back and said they had a problem and would like to find a solution to put in their bylaws and prevent this in the future. They are willing to address that there is an issue. Kirk Warner said that he appreciated that information and update. This is just another reason why we need the General Assembly to support the funding of the State Level Military Liaison position. Representative Cleveland said that the positions are still in the budget and if the budget gets signed, we will have those positions. Kirk Warner said that he appreciated his support on this matter.

### **OLD BUSINESS:**

#### **K-12 Updates:**

Valerie Nasser talked about the Purple Star program. She said that all of them are in the throws of the Purple Star program applications. The DPI open the application process on September 1, 2021, and they are due February 1, 2022. Her school district is trying to compete for the school district award. They are working on that process and know that many of the school districts are working on the applications for this program. Kirk Warner said that this is a great success story. Valerie Nasser let the new members know that the Purple Star program is a way for North Carolina schools to show that they have employed military friendly practices in their schools to help smooth transitions for our military connected students. Some of those practices are military recognition programs, student transition program, other optional programs, and then all the staff in the schools that apply for the program receive professional development on military family lifestyles and specific related issues that military families face. This training ensure that the staff knows what the MIC3 is about and if they encounter an issue they know where to direct the students and family for assistance. Kirk Warner said that this was a great program and what he liked best was that all the Military Liaison Officers (MLO)s/School Liaison Officers (SLO)s were shaking their heads as Valerie was talking about the program. This recognition program continues to get more schools to participate. Mark Patton said that due to increased recognition for this program there has been more National Guard and Reserve participation in this program. There are 4 or 5 counties in North Carolina where the National Guard and Reserve have higher participation. Julie Fulton said that she was very proud of North Carolina for looking at the Purple Star program for how it could impact military students and in some states the staff development only must be done by one or two staff members in that school. In North Carolina all the school's staff must be trained. That is an important difference.

Kirk Warner said the Troops to Teachers program had sunset and we had lost Doug Taggart during that process. There is some hope on the horizon with the National Defense Authorization Act (NDAA) to reinstate the Troops to Teachers program through the work of Doug Taggart, Senator Tillis' staff and Chad Sydnor (Cassidy & Associates). So, there is some good news there.

### **MLO/SLO UPDATES:**

Wayne County: Jamie Livengood said that the Wayne County and Seymour Johnson school continues to move along as planned. Things are now in the hands of lawyers. They are also working on their Purple Star program applications.

Marine Corps Installation-East: Julie Fulton said that she is excited to report that Marine Corps Air Station, New River is going to be getting their own School Liaison officer. They will be adding one to their group. It is funded for fiscal year 2022 and they are happy about this. She also wanted to say that

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the Department of Defense Education Activity (DoDEA) has been added to MIC3. They have always been a signatory but not very involved with the MIC3. They will have their own information just like the other states.

Onslow County: Brittany Norman said that they are well on their way for the Purple Star program. She wanted to let everyone know that they are the recipient of a \$1.5 M DoDEA grant. They are very excited about this grant. The grant is for Science, Technology, Engineering and Math (STEM). They will be bringing STEM to their middle school students. The idea is to purchase and outfit a van that will be a STEM lab that will visit each middle school to bring more hands-on experiences to those students. They want to inspire and engage their middle school students.

Craven County: Valerie Nasser said they are working on the Purple Star applications. They are also working on a couple of local grants for Month of the Military Child. She did want to mention that through Allies for Cherry Point Tomorrow (ACT) she received an update on the metrics for the score card that should be in this year's NDAA. So, instead of using the Stanford educational database for academic performance, we would be comparing each catchment area of the installation. She hopes that improve our outlook on the upcoming score card.

Cumberland County: Howard Lattimore said that just like the other counties, they are working on the Purple Star program and repeat what they did last year. Their Veterans Day parade was going to be held on November 6, in-person. There are some great things going on at EE Smith High School and which is the high school that the military students that live on Fort Bragg attend. There is a lot of technology at that high school and a drone academy. Their Choice fair will be on November 6<sup>th</sup> as they are a system of choice. Then the schools will have their own choice fairs.

Moore County: Rollie Sampson said that they are very involved in Purple Star applications and already conducting the staff training. One of their training classes is on transitioning needs. Representative Hudson put forth legislation with another legislator as part of the NDAA that requires installations to complete Source Check Forms for school districts. This is no longer optional. This is a good thing and what it means is that when a family does not turn in an impact aid form, she can provide the information to the installation, and they can verify that active-duty status. It was optional before. From a school district perspective this is a win.

Fort Bragg: Iris Pierce said that they have a lot to share with the committee. They have a new Deputy at the Morale, Welfare and Recreation (MWR) Center. He has made some changes for the school liaison officers at Fort Bragg. He wants them to have a better relationship with the Command. He has touch points that he wants them to work on. She also wanted to talk about Hoke County Schools. They are doing great things. They have received over \$1M from DPI to build a School of Engineering. They will have a separate brick and mortar School of Engineering. They have also applied for a DoDEA grant for over \$1M that will go to this engineering program. There are a lot of great things going on at the Hoke County Schools. There are lot of military families that are home schooling their children. They are working with the Department of Non-Public Instruction to gather information about the military students that are being home schooled.

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Marine Corps Air Station, Cherry Point: Leafa Palmer said that they had just hosted the Marine Corps Air Show and it was a success. They had the opportunity to get one of their great middle school teachers to fly with the Blue Angels. The Marine Corps did also fund two Anchor for Life programs (Transition and Resiliency) within two of their schools. That goes in conjunction with the Purple Star program.

Chairman Warner asked if there were still issues from delayed Permanent Change of Station (PCS) orders or had that taken care of itself? Julie Fulton said that the PCS orders are not so much the issue now, but housing is a big problem. They have a housing shortage everywhere and that is causing enrollment issues. Chairman Warner said that there are a lot of things that go with the housing issues, but he wanted to remind the QOL committee that one of our focuses is on housing. We need to work with both the Base Sustainability and Community Affairs committee to figure out housing and priority of housing. Hopefully the NDAA has funding in it specifically for housing as that is a priority of effort for North Carolina and especially for Camp Lejeune. We need to keep an eye out for what we can do on the housing area. We do a good job with the education issues, but housing is something we need to look at and other QOL issues.

**DEPARTMENT OF PUBLIC INSTRUCTION (DPI):**

Chairman Warner asked if there was anyone from DPI attending the meeting today to provide an update? Kelly Jackson said there was no one from DPI. Chairman Warner said that we need to work on this for the next meeting.

**LEGISLATIVE UPDATE:**

Chairman Warner said that he did not have any real updates on any legislative items. He asked Rep Cleveland if he had any update for the committee or military specific? Rep Cleveland said that there is nothing that he is aware of. Everyone is concentrating getting the budget through and getting out of town. Kelly Jackson informed the committee that Senator Jim Perry was now the Chairman for the Legislative Affairs Committee, and they had their first meeting on Monday, October 4. Looking for good things from that committee. Chairman Warner said that this committee needs to always be thinking about things that need to be adjusted legislatively or administratively. We need to surface those issues and then we can decide what direction to share that information.

**SCORE CARD UPDATE: JAMIE LIVENGGOOD**

Chairman Warner asked Jamie Livengood to give the committee an update on the progress of the score card working group. The Score Card is something that the Air Force and the other Services will come up with. The Air Force leadership has gone through all the Air Force bases across the country and this work has been contracted out to Booz Allen. They have a 2019 edition and now a 2021 edition. The 2021 edition shows the comparison data from 2019 – 2021. The information for NC has not really changed as they are using most of the same data for both years. In 2019 they looked at Seymour Johnson AFB and Pope Airfield. This year they have added the Air Guard in Charlotte, NC. They use the surrounding counties or catchment areas for the data. We have challenges with the data and the catchment area that they use for that data. We think the data is somewhat skewed and a little unclear, so we are trying to get our arms around that data on the license portability side and the public education side. We want to come up with our own Score Card to put out to say that this is our data, how we are comparing things and how our schools are doing in these areas. In the Base Realignment

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and Closure world that comes around, this type of data is very important. We need to have the answers and responses. He said that Jamie Livengood has been tasked with re-writing some of this and looking at what data we think is important and then how to address some of these things. He appreciates all the members of this working group, and we are meeting monthly to talk about this issue.

Jamie Livengood said that she and Howard Lattimore would be getting together to look at what Chairman Warner is talking about. They have a thorough process of how they are going to craft a two-sided document with one side being focused on education and the other side being focused on licensure. The current score card has all that data on one piece of paper with red, yellow, and green but this group thinks that it is important to add some bullet points as to the type of work that is being done in those areas. Such as academic services and school climate that are being monitored and evaluated. We would also like to put some actual numbers. So, for service offering that would be focused on a ratio of students to teachers, students to counselors or students to social workers. We want to have all this information on the card if possible. We must keep in mind that this information is not just for one school district that will be evaluated on the score card but the catchment area. We may shift to the actual catchment area that we are looking at. We would use Defense Manpower Data Center (DMDC) data that we all have gotten and received from the State liaison office (Kevin Bruch). We can look at that data to see where families are really living at since we already know that, and we will have the data to validate the information and the catchment areas that we use. We want to ensure that we are hitting the highest areas. We will use that data to capture not just the numbers but also the anecdotal type things that we know of the support work is going on in our school districts. She thinks we will have more current data because a lot of the data they are using is older data because it is captured from Department of Education (DOE) on a two-year basis. Then the data got behind due to COVID. We all have more current data than what is being captured and certified through DOE. Seymour Johnson AFB went down on Service Offering in school nurses. She knows that this school year based on Elementary and Secondary School Emergency Relief (ESSER) funds, they have the greatest number of school nurses that they have ever had in her school district. She thinks that this is probably true through out the State of North Carolina. So, to see our rating drop and we know that we have the greatest number of school nurses does not sit well. We want to be able to capture that type of information because we want to present what is really happening in our North Carolina Schools and at our Installations. Chairman Warner said that this is important work and something that everyone can use. With the way they are evaluating this with the red, yellow, and green some will always be red, some yellow and some green. It is just dividing everyone into thirds. So, if everyone is great there will always be someone in each category. The perspective needs to change. Julie Fulton said that the Marine Corps did have a tasker come down to start looking at what they wanted on their score card.

**USO NORTH CAROLINA: KELLI WILLOUGBY/THOMAS WALKER**

**A Strong America is a Force For Good in the World:**

A Strong military is necessary for a strong America

- “History has taught us only too well, that tyrants are tempted only when the forces of freedom are weak, not when they’re strong.” Ronald Reagan
- “The USO has been an essential element, in the development of our national security.” Harry S. Truman

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The USO Mission:

Strengthen America's military service members by keeping them connected to family, home, and country through their service to the nation.

Who We Are:

- United Service Organizations (USO) was founded in 1941 under a Congressional charter. Founding agencies included The Salvation Army, YMCA, YWCA, Catholic Community Services, Travelers Aid, and the Jewish Welfare Board (the six stars in our logo)
- The first permanent USO location at Fort Bragg, North Carolina opened on November 28, 1941.
- Jacksonville, NC location opened in April 1942 making it the longest continuously serving USO in the world.
- While once an independent 501(c)(3) from USO worldwide, in 2021 we merged with USO, Inc. and are part of a network of over 200 USO centers worldwide.
- USO North Carolina has stayed relevant in the 21st century by offering support services and critical programs to servicemembers and military families.

Where We Are:

We operate 12 locations across NC serving an average of 600,000 service members a year:

- USO of NC Headquarters (Morrisville)
- Ft. Bragg Soldier Support Center
- Fayetteville Regional Airport (FAY)
- Charlotte-Douglas Airport (CLT)
- Charlotte MEPS
- Jacksonville, NC (Camp Lejeune)
- Albert Ellis Airport, Richlands NC (OAJ)
- Raleigh-Durham Airport (RDU)
- Raleigh MEPS
- Seymour Johnson AFB

We have over 1,000 volunteers supporting 24 staff across the state.





How We Serve:

Goal: Connect military service members to family, home, and country the USO of NC way.

- High Impact Programs
- USO NC Centers: A touch of home
- Create Social Connections: Sports and Entertainment

Impactful Programs:

Outdoor Adventure Program:

Programming designed to get service members and their families out in the community

- Find the hidden gems in NC
- Combat isolation and mental health struggles
- Connect military and their families to NC
- 87% show rate

Gaming:

- Gaming Tournaments (Virtual and in Person)
- Build Comradery and peer-to-peer support
- Shown tremendous outcomes for mental health and substance abuse challenges
- Barracks Bash, SJAFC opening

Kelli Willoughby said that the assessments that they complete are important so that they give the service members and their families the programs that they truly need. After COVID there has been a lot of concern about isolation, mental health struggles and domestic struggles that have come along and have been challenges and concerns for Commands. These two programs have come from the shifting of the population that we serve. They have been very successful so far and we see them growing over time. Chairman Warner said that this is great information and the USO of North Carolina has always stepped to the plate with programing and resiliency for quality-of-life issues.



**MATCH Wellness: AL DELIA**

**Meeting Outline and Objectives:**

- Overview of MATCH Wellness Programs
  - **MATCH**  
*An Educational Model Producing Wellness Outcomes*<sup>TM</sup>
  - **MATCH Connect**  
*Providing a Foundation for Social, Emotional, and Behavioral Health*<sup>TM</sup>
  - **MATCH Screen**  
*Early Identification for Early Intervention*
- MATCH Wellness Programs and the Military
- Why MATCH Wellness
- Current MATCH Wellness Footprint

**North Carolina obesity incidence could be greater than once thought...**

- In 2018, the CDC's Behavioral Risk Factor Surveillance Survey (BRFSS) indicated 33.0% of North Carolina Adults were obese.
- The BRFSS estimates 13.5% of 10–17-year old's in North Carolina are obese.
- An article published in the NEJM, Dec. 19, 2019, indicated national estimates had grossly underestimated obesity incidence due to “self reported bias” and had developed correction factors.
- By 2030, 48.9% of the US Adult Population would be OBESE and One in four will be SEVERELY OBESE
- After measuring 50K MATCH 7th graders over 14 school years, we consistently observe 20% are overweight, and 30% are obese.
- North Carolina can expect 74.1% increase of obesity over the next 10 years from current underestimate (2018)
- Will cost North Carolina Health Payers an ADDITIONAL \$6.8 Billion annually.

**COVID-19 Pandemic ... Obesity and Mental Health Statistics**

- The COVID-19 pandemic has worsened the childhood obesity epidemic due to deprived nutrition, lack of physical activity, and pandemic related stress.
- The pandemic has both highlighted and aggravated the social and emotional wellbeing of students.
- Beginning in April 2020, the proportion of children's mental health related ED visits among all pediatric ED visits increased and remained elevated through October. Compared with 2019, the proportion of mental health related visits for children aged 5-11 and 12-17 increased approximately 24% and 31%, respectively.
- Intervening early is critical, given that half of all lifetime cases of mental illness begin by age 14 and three-fourths by age 24.
- There is an urgent need to identify children and adolescents who have or are at risk for behavioral health disorders and Social Determinants of Health (SDOH) and connect these children and adolescents with the services they need. Schools can fill a critical role in both identifying such children and adolescents and connecting them with treatment and other services they need.

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What is MATCH?

- Motivating Adolescents with Technology to CHOOSE Health
- Created by an educator, for educators.
- A **school-based wellness program** meeting both educational and public health goals.
- Empowers **7th grade students** to make healthy choices for eating and physical activity.
- **Interdisciplinary educational model** with lessons taught in Healthful Living, Science, Math, Language Arts, and Social Studies.

**MATCH Results**

- Created by an educator, for educators.
  - A **school-based wellness program** meeting both educational and public health goals.
  - Empowers **7th grade students** to make healthy choices for eating and physical activity.
  - **Interdisciplinary educational model** with lessons taught in Healthful Living, Science, Math, Language Arts, and Social Studies.
- Note: \*Lazorick S, Fang X, Crawford Y. The MATCH Program: Long-Term Obesity Prevention Through a Middle School Based Intervention. *Childhood Obesity*, 2016; Vol. 12, #2

Research Tested, **ONLY** Program **Twice** Vetted

- **MATCH** is the **ONLY** middle school-based childhood obesity intervention that has received the "Research Tested" designation.
- **Center for Training and Research Translation** at the UNC Prevention Research Center.
- "Research-tested" is the highest of three possible designations and is achieved by less than 20% of reviewed interventions.
- "In summary, our search found that your paper in *Childhood Obesity* last year is the **ONLY** published US-school based pediatric obesity intervention project that shows beneficial long-term data beyond 1 year."
- **Dr. Sammy Choi**  
*Chief, Department of Clinical Investigation*  
*Womack Army Medical Center*
- DoD Search Results from Agency of Healthcare Research and Quality

**MATCH Connect    Origins...From NCSMHI (2016)**

- The North Carolina School Mental Health Initiative (NCSMHI) was created as result of a "broken mental health system in NC". Conducted Stakeholder Surveys and Focus Groups to submit a plan.
- Offered Three Recommendations for Consideration to the General Assembly and SBOE.
  - Create a continuum of Supports and Services (**Universal Prevention and Universal Screening**)
  - Make it sustainable
  - Engage Stakeholders
- From the teachers' stakeholders surveys, they **didn't want "another add-on program"**
- Social and Emotional Learning was suggested incorporated into the classroom, as described by the Collaborative for Academic, Social and Emotional Learning. (CASEL)

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- MATCH Wellness Lesson Plans were developed to fit into the **CASEL Five Framework of Social and Emotional Learning** and their **Signature Practices** for Curriculum Developers.
- Worked with teachers, students, and subject matter experts, following the CASEL Model to “backwards design” MATCH Connect<sup>TM</sup>, from the **BOTTOM UP.....** and **TEACHER’S LOVE IT!!!**

MATCH Connect:

Universal Prevention

- Provides an essential foundation of knowledge and skills needed to achieve targeted goals for social, emotional, and behavioral health
- Addresses academic objectives and age-appropriate skills by providing backward-designed lesson plans
- Uses a diverse group of animated adolescents known as “The GameChangers”, to assist teachers delivering content relevant to students
- Based on *CASEL Signature Practices* to engage students in Social and Emotional Learning
- Creates an awareness in Teachers and Students of Health Equity and Health Disparities

MATCH Screen:

Universal Screening

- Provides tool for early identification of students “at risk” for early intervention.
- Tool uses validated screening questions that can be customized to meet local school administrative unit’s needs
- Allows Specialized Instruction Support Personnel to focus on “flagged” students
- Fits into existing school Multi-Tiered System of Support (MTSS) - reduces burden on MTSS staff
- User friendly documentation interface Student and Families so they can be connected to resources
- MATCH Screen<sup>TM</sup> used at LEA Discretion

Obesity affects National Security:



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- 71% of 17–24-year old's do not qualify for military service
- Of the 29% who do qualify, only about half (17%) would be available for active duty
- 31% of youth are disqualified from military service due to obesity
- 44% of military recruits come from 10 southern states where obesity is the greatest nationally
- North Carolina has an extensive connection to several branches of the Military

Targeting School Systems Around Military Bases:

- DoDEA Americas Schools only teach about 1,250 7th graders annually, so the footprint MUST Expand!
- Children of military-related parents largely attend off base schools (active duty, retired, veterans, civilian contractors, etc.)
- Public schools in adjacent counties to military installations (base clusters), should be considered strategic resources, where there is greater “military awareness” of students.
- Implementing a successful school-based wellness intervention in a “targeted” strategy will result in the greatest “return on investment” in producing healthier students.
- At this age, kids not only formulate life-long health behaviors, they also begin to start considering career pathways.
- MATCH will increase the number of healthy weight potential recruits as 17-year old's, by 15% compared to control groups\*, significantly increasing the available talent pool.

\* Lazorick, et al. The MATCH Program: Long-Term Obesity Prevention Through a Middle School Based Intervention CHILDHOOD OBESITY April 2016 | Volume 12, Number 2

SO ... Why MATCH Wellness?

- Most successful published school-based childhood wellness intervention
- BMI improves in almost 2 of 3 overweight adolescents
- Produces sustainable results years later
- Teaches individual behavior change skills
- Aligned with Educational Standards
- Based on Social Cognitive and Self-Determination Theories
- Web-based curriculum and real-time data management for evaluation

Plain and Simple... It Works!

- It's EFFECTIVE
- It's SCALABLE
- It's CHEAP
- It's DOABLE

Chairman Warner thanked the MATCH Wellness group for their presentation and asked if there were any questions.

**DISCUSSION, PUBLIC COMMENTS AND ADJOURNMENT:**

Chairman Warner asked if there were any other items for discussion or public comments. He adjourned the meeting at 11:40 pm.